

# INSTITUTION CATALOG



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TRAILBLAZING NEW  
PATHWAYS INTO THE  
FUTURE OF  
INTEGRATIVE SEX  
THERAPY

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WEST PALM BEACH CAMPUS  
VOL. III | MAY 2022

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# MODERN

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## SEX THERAPY INSTITUTES

### **Purpose**

### **Statement**

The purpose of Modern Sex Therapy Institutes (MSTI) is to provide a high-quality education, with training, supervision, and research opportunities for mental health and medical professionals. Additionally, to satisfy the clinical and educational requirements to practice as a certified sex therapist, certified sexuality counselor, certified sexuality educator, clinical sexologist, or researcher, while earning a terminal doctoral degree (PhD) in Clinical Sexology.

### **Mission Statement**

Rooted in the core principles of sex therapy, MSTI takes a true, multidisciplinary approach, by integrating cognitive, behavioral, psychodynamic, relational, and systemic approaches within the emerging field of sexual medicine. Our training programs are trailblazing new pathways into the future of integrative sex therapy by providing mental health and medical professionals a robust and growing foundation for healing, improving relationships, and sexual well-being.

MSTI is dedicated to preparing Licensed Social Workers, Marriage and Family Therapists, Mental Health Counselors, Clinical Psychologists, Physicians, Advanced Nurse Practitioners, and other medical and mental health practitioners with curricula in Clinical Sexology to enhance their licensed clinical practice in a variety of treatment settings.

### **Ownership and Legal Control**

Modern Sex Therapy Institutes, LLC owned by Dr. Rachel Needle, Psy.D. It is headquartered at: 2161 Palm Beach Lakes Blvd, Suite 207, West Palm Beach, FL 33409  
Telephone Contact #: (561) 379-7207

### **Description of Physical Facilities**

The campus is a 1684 square foot space which consists of two offices, a conference room, and a large open space wherein classes are taught. All facilities are handicap accessible. The institution contains instructional videos, CDs, DVDs, online medical journals, textbooks, audiovisual materials and technical manuals. There are three parking lots, one on each side of the building and one in back of the building, which can fit 60 cars total.

## **Learning Management System**

MSTI Learning Management System, DialogEDU, is the online portal that allows interaction between students and faculty, course assignment postings, testing, grading and attendance tracking. It has been designed to allow the interaction of MSTI students with various speeds of internet connections and availability. The unique design of DialogEDU Learning Management System promotes state of the art audio, video in high definition and streaming without interruption or pauses at all internet band widths.

## **Licensure/Accreditation Status**

Modern Sex Therapy Institutes (MSTI) is licensed by the Commission of Independent Education, license number 6467 and is authorized to grant Doctor of Philosophy degrees in Clinical Sexology by the Florida Department of Education, via the Commission for Independent Education (CIE).

Modern Sex Therapy Institutes is not accredited by any accrediting agency(s) or associations(s) recognized by the United States Department of Education as an approved accrediting body. Therefore, enrollment in this institute will not provide eligibility for Title IV Federal Financial Assistance or State Student Financial Aid. In addition, credits earned at this institute may not be accepted for transfer to another institution and may not be recognized by employers, except on an individual basis as determined by an institution or employer. (For more information, see the Transfer of Credit policy below for more information).

Additional information regarding this institution may be obtained by contacting the Commission at 325 W. Gaines St., Ste. 1414, Tallahassee, Florida 32399-0400. Toll- free telephone number (888) 224-6684.

Advanced Mental Health Training Institute (AMHTI), is the umbrella company that Modern Sex Therapy Institutes (MSTI) was created under, and is approved by the **American Psychological Association** to sponsor continuing education for psychologists and it has been approved by the **National Board of Certified Counselors (NBCC)** as an Approved Continuing Education Provider (ACEP No. 6901).

In the State of Florida, AMHTI is an Approved Provider for the Department of Health, Division of Medical Quality Assurance with the **Board of Psychology** (Provider #50-11996), the **Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling** (Provider #50-11996), and the **Florida Certification Board** (Provider #5273-A).

Modern Sex Therapy Institutes is approved by the **American Association of Sexuality Educators, Counselors and Therapists (AASECT)** as an approved CE provider (Provider #07-110-J).

## **Governance**

MSTI is a limited-liability corporation registered in the state of Florida, managed and controlled by the Modern Sex Therapy Institutes directors. The directors are responsible for policy and procedure promulgation, review and amendment with input from the Advisory Board. The institute's Advisory Board provides input on budgeting, tuition increases, general financial stability, fund raising, management of donated funds and the disbursement of scholarship funds. Students and faculty will be notified of any change in organizational structure or any changes made at the institution.

## **Doctoral Academic Calendar**

Terms begin approximately every other month, and students may begin taking courses in any term.

Upcoming Term Start Dates
August 15, 2022
September 15, 2022
October 15, 2022
November 15, 2022
December 15, 2022
January 15, 2023
February 15, 2023

## **Program Description**

The Clinical Sexology program is committed to providing high quality education and to prepare licensed psychologists, psychotherapists, social workers, and other mental health and medical providers to provide clinical sexology to their already licensed practice. The program does not prepare unlicensed students to meet initial licensing requirements in any field.

## **Program Delivery Modality**

The Clinical Sexology program is available via on-campus and online delivery methods. Students have the option of either enrolling in the 100% on-campus program or 100% online program.

## **Overall Program Objectives**

Upon completion of MSTI's Doctor of Philosophy (Ph.D.) degree in Clinical Sexology, participants will be able to:

1. Recognize the major bio-psychosocial forces that shape sexual functioning.
2. Use the criteria for assessment and diagnosis of psychosexual disorders as described in the current edition of the DSM-5.
3. Evaluate the dynamics of interpersonal relationships, including the socio- cultural factors influencing sexual values and behavior, and specify ways to encourage loving relationships between partners and within families.
4. Identify a variety of sexual orientation and gender-related issues, and the importance of ensuring basic ethics, sexual rights.
5. Differentiate between physical and psychological causes of sex dysfunctions.
6. Assess the impact of disease, medication & drugs on sexual functioning and relationships, including medical factors that influence sexuality including illness, disability, drugs, pregnancy and pregnancy termination, contraception and fertility, sexually transmitted diseases.
7. Critique the current research in clinical sex therapy.
8. Discuss sexual health issues, including safer sex practices and the effects of substance abuse on sexuality.
9. Describe the psychosexual treatment methods for victims of domestic violence and sexual abuse.
10. Explain the immediate & deeper issues underlying sexual dysfunction.
11. Explain atypical sexual behaviors, including paraphilias and compulsive/impulsive sexual behavior.
12. Utilize theory and methods of sexuality counseling and psychotherapy, including several different models.
13. Apply theories and methods of approach to a variety of interventions in relationship systems experiencing sex and intimacy problems.
14. Distinguish theories and method of approach to medical intervention in the evaluation and treatment of psychosexual disorders.
15. Employ the principles of consultation, collaboration, and referral in a sex therapy practice.
16. Discuss techniques for evaluating clinical outcomes.
17. Compile, review and evaluate a list of videos, journal articles and books to formulate treatment plans.
18. Analyze, interpret and discuss sex therapy cases

Additionally, successful Doctoral candidates will be able to:

- 1) Demonstrate comprehensive clinical assessment skills.
- 2) Demonstrate comprehensive skills in clinical intervention.
- 3) Identify and understand issues related to cultural diversity and individual differences as they affect clinical competencies.
- 4) Demonstrate the ability as clinical sexologists to serve as clinical supervisors, administrators, and consultants in diverse settings.
- 5) Demonstrate the skills to be discerning consumers of scholarly works and research, including studies of empirically based treatment methodology.

## **Admissions Requirements and Procedures**

The MSTI application may be downloaded from the website or requested by way of regular mail or email. All applicants must submit a completed application with the following:

1. Complete an application for admissions (fee = \$100.00);
2. Present photo Identification (Passport, Drivers License, or other Government issued ID).
3. Provide verification (official transcript) of an earned Bachelor Degree and a Masters Degree from a College or University accredited by an agency recognized by the U.S. Department of Education;
4. Two letters of recommendation from persons of a Masters or Ph.D. level. Preferably these should come from current and/or former employers, current and/or previous faculty and advisors;
5. Have a cumulative grade point average of 3.0 or better in previous graduate studies.
6. International Students whose native language is not English will be required to take Test of English as a Foreign Language (TOEFL) and receive a score of 500 or higher; or 173 or higher on the computerized version of TOEFL.
7. An interview with an Admissions Officer.
8. The program does not prepare unlicensed students to meet initial licensing requirements in any field regulated by Chapters 490 or 491. Applicants must submit proof of masters degree or proof of current student status in a Masters program.

**Auditing:** Licensed mental health professionals will be permitted to audit classes on a non-graduate credit basis. Proof of current and applicable licensure is required.

After all required application materials have been submitted to the Office of Admissions, all applicants must complete an interview with one of MSTI's Directors, who currently serve as the Admissions Committee. All applications will be reviewed by the Admissions Committee, and one or two faculty members and/or Advisory Board members. An unsuccessful applicant will be informed as to the reason the application was denied, and that applicant may reapply after three (3) months.

## **Cancellation and Refund Policy**

A student may withdraw from the program prior to taking any classes or within three (3) days of enrollment, regardless of the number of days, and will be refunded all tuition paid within 30 days. Withdrawal must be made in person or via certified mail. The application fee will not be refunded (\$100). The Institution may only keep up to \$150.



If a student is terminated, the Cancellation and Refund policy will be applied. Students may be terminated from the program by the MSTI directors for just cause as described under the “Students and Responsibilities” section. Refunds in this case will be the same as student withdrawals. The application fee is non-refundable.

Any textbooks purchased are the sole property of the students and are not subject to refund by MSTI.

### **Add/Drop Period**

Should a student enrollment be terminated or canceled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, by Certified Mail or by termination.
2. All monies (minus the application fee) will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days after signing the enrollment agreement and making initial payment.
3. Cancellation after the third (3rd) Business Day, but before the first class, results in a refund of all monies paid, with the exception of the application fee (not to exceed \$150.00).
4. If the student withdraws before the end of the drop/add period, the student will be refunded all tuition and fees, as well as any funds paid for supplies, books, or equipment which can be and are returned to the institution.
5. Termination Date: In calculating the refund due to a student, the last date of actual attendance by the student is used in the calculation unless earlier written notice is received.
6. Refunds will be made within 30 days of termination of students’ enrollment or receipt of Cancellation Notice from student.
7. Students are encouraged to notify MSTI prior to the start of their program segment should they need to take an academic interruption during the program. All schedule changes must occur no later than the end of the first week of the start date in order to not incur all segment charges.

## **MSTI Policies and Procedures**

### **Policy for Persons with Disabilities**

MSTI has a commitment and policy of compliance with all laws and regulations applicable to qualified students challenged by a disability. MSTI will make every reasonable accommodation for a variety of learning challenges, in accordance with the Americans with Disabilities Act and the Rehabilitation Act of 1973 (Section 504) requiring that no qualified disabled person will be excluded from enrolling in a course of instruction.

### **Equal Opportunity Statement**

MSTI admits students of any race, color, ethnicity, gender identity, and nationality. The Institute’s policy of equal opportunity employment and education, and affirmative action consistent with Federal Policy, is that no person shall, on the grounds of race, creed, color, handicap, nationality, ethnicity, sexual orientation, gender identity, age, political affiliation, belief, faith background or lack thereof, be

excluded from any training, be denied the benefit of such training, or will be subject to discrimination in any hiring or acceptance practice or activity.

### **Protection of Freedom of Expression**

MSTI instructors should encourage free discussion, inquiry and expression. Students are free to take reasonable and reasoned exception to the data or views offered in any course of study, and to reserve judgment about matters of opinion, but they are also responsible for learning the content of any course of study in which they are enrolled.

### **Protection Against Improper Academic Violation**

Student performance should be evaluated solely on an academic basis, not on the basis of student opinion and/or conduct on related to academic standards. Grading should be based upon stated academic requirements, which shall be clearly specified by the instructor at the beginning of each course of study. Students have protection through orderly procedures as stated in the MSTI Catalog, against prejudiced or capricious academic evaluation. At the same time, they are responsible for maintaining Standards of Academic Performance established for each course in which they are enrolled.

### **Protection Against Improper Disclosure**

Information about students views, believes, and political ideations which instructors may acquire in the course of their work as teachers, advisors, counselors, is a serious professional obligation, and any such information shall not be disclosed to anyone other than those to which it is lawfully necessary.

### **Student Records**

To minimize the risk of improper disclosure, academic and non-academic records are maintained separately in a physically secure area, and access to each area is regulated by explicit policies and procedures outlined in the MSTI Policies and Procedures Manual, and with respect to the Family Educational Rights and Privacy Act. Records are kept for 10 years. Students can send a written request for a copy of their records. Records will be given to students within 10 days of receipt of that request.

### **Alcohol, Tobacco and Unlawful Substances Policy**

MSTI, and all of its venues, respect all local, state and federal laws with respect to alcohol, tobacco, and unlawful substances, and MSTI maintains a zero-tolerance policy toward the use of such substances during any of its programs. Similarly, in accordance with Clean Indoor Air Acts in effect in most cities, no public area or work/study space controlled by MSTI shall be a smoking area, including, but not limited to, private offices, classrooms or lecture halls, academic buildings, meeting rooms, lobbies, restrooms, stairwells and break rooms.

## **Career Services**

Modern Sex Therapy Institutes has not made and will not make any guarantees of employment or salary upon my graduation. The Institute will provide me with placement assistance, which will consist of identifying employment opportunities and advising me on appropriate means of attempting to realize these opportunities.

## **Student Services**

The Director and Instructors are all available via email and telephone for all student services. Please allow 24 hours for the director or instructor to respond.

**Academic Advisement:** The Directors, Drs. Rachel Needle and Ricky Siegel have been trained in Admissions and will provide Academic Advisement, consisting of recommendations for specialty areas and dissertation topics. Other faculty members will provide advisement based on their own areas of specialty and concentration.

**Financial Aid Advisement:** There is no financial aid for tuition. Financial advisement will be available to students by Dr. Rachel Needle.

**Personal Advisement:** Directors are able to provide consultation with students experiencing personal difficulties; however directors will not provide therapeutic services, instead they will only offer referrals and recommendations to the students' local resources.

**Employment Placement Services:** MSTI will make available to students a list of institutions, agencies, and other venues where their services as Clinical Sexologists may be of value. MSTI will also assist students with developing a marketing niche for their particular specialties. Records of initial employment of all graduates shall be maintained. Exceptions to this requirement shall be made for those graduates who attend the institution on a student visa or other temporary immigration status and who do not seek employment in this country.

## **Prohibition of Sexual Harassment**

Sexual Harassment is defined as: any unwelcome sexual advances, requests for sexual favors or other verbal or physical conduct of a sexual nature, which 1) makes submission to or rejection of such conduct either an explicit or implicit basis for employment and/or academic decisions affecting an individual; or 2) unreasonably interferes with an individual's employment or academic performance by creating an intimidating, hostile or offensive environment.

MSTI has a strong policy against sexual harassment in any form, and such behavior will

not be tolerated. Instructors and staff are prohibited from dating or having sex with any student. They are prohibited from making *quid pro quo* offers to students or in any way creating a hostile learning environment. Complaints from students will be made to either of the Institutes' Directors, who will meet with the instructor or staff member and formulate a corrective action. An instructor or staff member will be subject to termination if it is determined that a student was sexually harassed. In all cases, the strictest confidentiality will be maintained.

Any sexual harassment allegations will be investigated as an Administrative Grievance. Additionally, if the Directors or arbiter determine that the grievance involves sexual harassment or discrimination, a determination will be made as to any intermediary measures needed and/or whether charges will be filed and pursued against the offending party under the guidelines of the Equal Employment Opportunity Commission (more information may be found here: [http://www.eeoc.gov/laws/types/sexual\\_harassment\\_guidelines.cfm](http://www.eeoc.gov/laws/types/sexual_harassment_guidelines.cfm))

### **Suspensions and Dismissals**

Students who commit violations as indicated in this document are subject to suspension and/or dismissal from MSTI. Any student who threatens the safety and/or welfare of instructors, guest(s), other students, or administrators, engages in academic dishonesty, or falsifies research is subject to suspension and/or dismissal. The student will be notified both personally and by certified mail of the suspension.

In cases of suspensions, the Director will appoint a Quality Assurance Committee (QAC), made up of two additional Board members, within ten (10) working days from the date of notification to the student of the summary suspension, to determine within fifteen (15) working days of the appointment of the QAC, whether the suspension will be maintained or rescinded and for the adjudication of the charges in a formal procedure. Both of the issues will be consolidated into one formal hearing. All charges and issues will be included in the notification as required for a formal hearing.

The Director will issue a resolution within fifteen (15) working days of the receipt of the report.

Students conduct that is found to be unprofessional will be dismissed from MSTI with no option to appeal or return. Furthermore, as required by F.S. 490 and 491, a report regarding the unprofessional conduct will be made to the student's licensing board.

### **Costs of Attendance**

#### **Doctoral Students**

The Ph.D. program in Clinical Sexology is comprised of three parts, with tuition fees as follows:

1. Basic Clinical Sexology Education Coursework (36 credit hours), including Clinical Case Supervision and Sexual Attitude Reassessment (4 credit hours), Doctoral Dissertation (20 credit hours): \$17,375.00

### **Fee Schedule**

Total Program Tuition

The Ph.D. in Clinical Sexology Total Educational Cost: \$17,375.00

### **Administrative Fees and Costs**

Application Fee (one-time)	\$100.00
Transcript Request Fee	\$10.00 (each)
Re-Entry Fee	\$100.00
Administrative Fee (for withdrawals)	\$100
Course Re-Take Fee	\$50
Duplicate Certificates, Hard copy	\$30
PDF	\$15
Duplicate Diploma: Hard copy only	\$75

Students may work with MSTI to formulate a payment plan as specified in **Terms of Payment of Tuition and Fees.**

### **Other Fees and Costs**

- Books and course materials are purchased by the student and are not included in the Tuition/Fee Schedule. There are 2 recommended but not required books which range in price from \$20-\$115. All other suggested readings will be available online.
- Any expenses associated with travel and lodging to attend courses, supervision, conferences, etc., are also incurred by the student, and no reimbursement or refunds are possible, including in cases of classes cancelled due to inclement weather grounding travel.

### **Terms of Payment of Tuition and Fees**

Students have several payment options. Whichever they choose, the entire program must be paid in full in order to receive the degree and/or transcripts.

## **Methods of Payment**

The following payment options are available for all students:

- ☐ Full payment at time of signing enrollment agreement.
- ☐ Application fee at the time of signing enrollment agreement with balance paid prior to starting date
- ☐ Application fee at time of signing enrollment agreement with balance paid prior to graduation by a payment plan.

Payments may be made using credit cards, checks, money orders or bank checks made payable to Modern Sex Therapy Institutes.

## **Students Rights and Responsibilities**

### **Students have the right to:**

- All statutory rights—laws passed by Congress, privacy-protected information in students' records, and protection from improper disclosures; civil or federal rights secured under the federal constitution, or federal civil rights law (freedom of expression, assembly).
- Make their own academic decisions.
- Access adequate academic advising.
- Quality instruction and/or educational experiences.
- Access to the instructor throughout each course.
- Information regarding application procedures.
- Information regarding tuition, fees, refund policies and procedures.
- Information regarding how satisfactory academic progress is determined.

### **Students have the responsibility to:**

- Pay all tuition, fees, and other expenses.
- Comply with the Student Conduct Policy.
- Be aware of the educational objectives of the institution, comprehend the MSTI evaluation criteria, and maintain satisfactory academic progress.
- Conduct their academic affairs honestly. Students will not cheat, plagiarize, falsify their academic records, or otherwise misrepresent their work (see "Academic Dishonesty").
- Take appropriate action when informed of grade deficiencies.
- Know their due process guarantees and understand the appeals procedures.
- Students must understand all of the degree requirements for graduation and must complete all of the requirements in order to earn a degree (see "Grading System").
- Students may withdraw from the Institute at any time. Financial obligations in the event of withdrawal are described in the "Cancellation and Refund Policy."

Students may be terminated from the Institute for the following reasons:

- Failure to maintain contracted payment schedule.
- Failure to maintain minimum academic requirements.
- Failure to maintain compliance with all ethical codes relevant to the professional, or high standards for integrity and ethical practice.
- Repeated failure to adhere to the Institutes' etiquette policy.

## **MSTI Academic Policies**

### **Attendance Requirements**

Students are required to attend all classes to obtain credit. Satisfactory attendance is considered a vital part of each student's performance. Absences and/or tardiness in excess of 25% of class hours for any subject may cause the student to be ineligible to complete that particular course. At the beginning of each course, instructors will define specific requirements for successful completion. Excessive absences may result in the following administrative actions: academic warning, probation, student suspension, student termination. Students are responsible for contacting the Institute's Directors to arrange a make-up class.

Students may not record any classes using any recording media without the express permission of the directors. This includes cellphones, tablets, cameras, or other recording devices. (Special permission to record may be granted in the event that a student with a disability requires utilizing such technology).

### **Satisfactory Academic Progress (SAP) and Academic Deficiencies Policy**

In order to maintain Satisfactory Academic Progress (SAP) doctoral students must maintain a cumulative grade point average (GPA) of 3.0 or above. Academic Probation will result if a student has a GPA of less than 3.0 at any point in his/her degree program. Academic probation ends when the student achieves the 3.0 required cumulative GPA. During the period of academic probation, the student will be provided with academic counseling and advisement.

Additionally, doctoral students will be required to submit written assignments throughout their coursework. The grades for these assignments will be based on Satisfactory/Unsatisfactory grading criteria. If a student submits an unsatisfactory paper, s/he will have the opportunity to re-submit the paper until it is deemed satisfactory. All assignments must be assessed as Satisfactory before the student will be allowed begin their Dissertation process. If a student disagrees with an instructor's assessment of their assignment, s/he may submit an Academic Grievance to the MSTI Program Administrators.

### **Transfer of Academic Credits from MSTI**

Modern Sex Therapy Institutes is not an accredited institution. Therefore, the acceptance of the transfer of credit to another institution is up to the accepting institution. Furthermore, the lack of accreditation by an agency recognized by the United States Department of Education will affect the ability of a student to apply for federal financial aid, and/or credits may not be accepted by employers.

### **Transfer of Academic Credits to MSTI**

No credits will be granted by the Modern Sex Therapy Institutes for any independent study, employment, employment training program, special training or conference attendance. Units or credits applied toward the award of the MSTI Ph.D. may be derived from the following: Units or credits may be earned at and transferred from other postsecondary institutions, when congruent and applicable to the MSTI program and when validated and confirmed by MSTI. The maximum amount of transferable credits accepted may not exceed 24 credits. Acceptable units or credits are those from institutions that offer post-graduate education in sexology, sex therapy, or human sexuality. Coursework must be comparable to the MSTI curriculum.

Transferability of MSTI credit is at the discretion of the accepting institution, and it is the student's responsibility to confirm whether or not credits will be accepted by another institution of the student's choice. MSTI has no written articulation agreements with other institutions. Once MSTI receives that syllabus and transfer credit request, a response will be sent to the student via email regarding the decision.

### **Repeat Courses**

With appropriate authorization from a student's academic Advisor and/or Program Director, a student receiving a grade below a "C" in any course may be given the opportunity to repeat the course. Note: if the course is repeated by viewing a previously recorded lecture, the expectation will be that the course will be from a different instructor, whenever possible, and that the re-take will also include a written post-test. If the repeated course results in a grade of "A" then the average of the two grades applies ("B"). The cumulative grade point average will reflect the averaged grades.

### **Grading Standards**

Grade	Percentage	Classification
A	90-100%	Exceptional proficiency
B	80-89%	Expected proficiency
C	70-79%	Basic proficiency
D	60-69%	Not yet competent



F	<60%	Failing
I		Incomplete
WP		Withdrew Passing
WF		Withdrew Failing

### **Grading System**

Doctoral students are required to maintain a minimum of a B average.

Superior achievement	A	4.0 points per credit
Above average	B	3.0 points per credit
Below average	C	2.0 points per credit
Pass	D	No credits earned; course retaken
Fail	F	No credits earned; course retaken
Incomplete	I	Outstanding course work

### **Dissertation Guidelines**

Thorough guidelines about the dissertation process, including the selection of a Dissertation Committee, narrowing of a research topic, preparation of the preliminary proposal, guidance on research methods, expected time tables, completion of the final dissertation, presentation and the oral defense process, and detailed instructions on binding and electronic archiving of your research, will be provided in the Dissertation Manual to doctoral students when their Dissertation Committee Chair is assigned by the Institute Directors, at the start of their second year of course work.

### **Academic Dishonesty**

Academic dishonesty includes the following actions, as well as other similar conduct aimed at making false representation with respect to the student's academic performance:

1. cheating on an exam,
2. collaborating with others on work to be presented, if contrary to the stated rules of the course,
3. submitting work previously submitted in another course,
4. knowingly and intentionally assisting another student in any of the above actions, including assistance in an arrangement whereby work, classroom performance, examination, or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed,
5. misrepresenting academic or professional experience or expertise,
6. plagiarism.

Academic dishonesty in any form will not be tolerated and will result in a grade of “F” for the particular paper, assignment, project, examination or course.

### **Classroom Etiquette**

It should go without saying that studying sexuality “under the microscope,” so to speak, can be potentially sensitive and, for some, highly personal. It is imperative that a safe space be maintained at all times in all Institute venues, so it is expected that students will maintain professional demeanor and demonstrate the utmost respect for instructor and fellow students at all times and during every discussion. Behavior that is disrespectful or disruptive to a positive learning environment reported by the instructor will result in a warning on the first instance; the second instance may result in expulsion from the course or program. Arriving to class late and leaving early are strongly discouraged, and habitual problems may adversely affect grades as well.

### **Withdrawal Policy**

Students withdrawing from MSTI must do so by officially submitting a written notice of withdrawal to the Admissions Committee. The effective date of withdrawal will be the date on which the committee receives the notice. Any unauthorized withdrawal will result in failure for the course(s).

### **Cancellation of Classes**

1. Due to Faculty Absence – Unless an announcement is made to the contrary, classes are considered dismissed if the instructor does not appear within 20 minutes of the beginning of the class period.
2. The decision to delay, cancel, and/or dismiss classes early will be made by the Directors.
3. Any cancellation of classes due to inclement weather will be announced *via* local or online media. Every effort will be made to contact students *via* phone call, email or text message as well.
4. When classes are canceled, faculty will not be required to report.
5. The MSTI “teach-out plan,” in the event the institutes cease operation, will consist of notifying and updating all students as soon as information becomes available and providing regular updates. In the event that the Institute or program ceases operation, all effort will be made to expedite the completion of those students currently enrolled in the program. In those cases where expedition is not appropriate (e.g., student requiring 3 or more semesters to complete), a pro-rated refund of tuition will be provided and all efforts will be made to assist the student in finding an alternative program.

### **Program Completion Time**

Doctoral students have a maximum of five years (60 months) to complete their desired program.

### **Leave of Absence Policy**

Students may take a temporary Leave of Absence from the program and return within one year to continue. Students who withdraw from the program after failing a component may re-enroll within one year and re-take their classes or seek consultation.

Students who are unable to achieve a passing grade within one year of completing classes will fail the program. They will be given the opportunity to re-enroll after one year and will need the approval of MSTI Admissions Committee.

### **Grievance Policy**

Students are encouraged to resolve problems through normal administrative channels. MSTI strongly believes that each student can resolve their concerns quickly, informally and as close to the source as possible. The complaint resolution procedure is not intended to be a forum to challenge school policy, but rather a means by which students can seek a fair and timely review of concerns.

If the Institute has to take disciplinary measures against a student, or other action related to the student, that student may appeal the decision to the Program Director or the School Director. Students are encouraged to contact one or both Directors via email in the event of any grievance or to appeal any academic or disciplinary action, and trust that the primary goal will always be to find an immediate remedy.

Students will receive a written response within 10 business days. Any student who feels a grievance remains unresolved through normal administrative channels, involving the Program Directors and School Directors, may refer their grievance to the Executive Director, via the Commission for Independent Education, 325 W. Gaines St., Suite 1414, Tallahassee, FL 32399-0400; toll free: (888) 224-6684.

### **Official Grades and Transcripts**

Official grades will be issued within 10 days following the completion of each individual course and/or course requirements. Official transcripts will be issued upon request and/or at the completion of each individual Academic program. Official Transcripts can take up to 20 business days to be made. Official Transcripts will not be issued until the completion of all program requirements. All financial obligations are required to be up-to-date before official grades and/or transcripts or conferral of degree can be issued.

## **Definition of Semester Hours and Credits**

Credit hours are based on semester credit hours as defined in Rule 6E-1.003, F. A. C. Each semester credit hour is a unit consisting of a minimum of 10 hours of instruction appropriate to the level of credential site, during a semester, plus a reasonable period of time outside of instruction which MSTI requires students to devote to preparation for learning experiences, such as preparation for instruction, study of course material, completion of educational projects, and planned learning experiences appropriate to each specialty component. A practicum experience is part of each course. A clock hour is considered to be 60 minutes, with a ten-minute break, but with the expectation that 50 minutes of each hour will be spent with the instructor.

Credit hours are based on quarter credit hours as defined in Rule 6E-1.003, F.A.C. Each quarter credit hour is a unit consisting of a minimum of ten hours of instruction appropriate to the level of credential sought, during a quarter, plus a reasonable period outside of instruction which MSTI requires a student to devote to preparation for learning experiences, such as preparation for instruction, study of course material, completion of educational projects, and planned learning experiences appropriate to each specialty component. A practicum experience is part of each program component.

Students have the option of completing either a dissertation or a doctoral project. A PhD is a degree that tells the world that you are an expert in a particular area of your field and that you have contributed something original to the field. That is the intention of the dissertation or doctoral project.

A dissertation will include a hypothesis developed from a review of research previously published and that is either supported or not by the data you collect and analyze. A project is also based on existing research and will provide the rationale for an intervention or resource that you will create. Detailed instructions for the dissertation or project are provided to you in the Dissertation Criteria package in Google Drive. You will need to review this thoroughly before starting your research.

The process begins with submission of a Letter of Intent to the Dean of Students, who will then assign a Dissertation Chair. That person will work with you through completion of your work, using the Dissertation Chair Review form as a guide to what tasks you need to complete and dates due.

While active in the sexology education portion of the program, you are encouraged to brainstorm ideas for your dissertation/project. You may submit your Letter of Intent at any time. If you have not submitted it by month 10 of the program, you will receive a reminder from the Dean that you will be completing your education classes in two months and to finalize your ideas. If you have not submitted the Letter of Intent by month 12, the Dean will send another letter informing you that you have 30 days to submit the letter. If you do not submit it by the end of that time period, you will be referred to the Director, who will work with you on a plan to move forward. Throughout the program, we will offer dissertation workshops and individual office hours to help

you. MSTI works individually with all students to facilitate successful completion and our bestowing upon you a doctoral degree.

### **Course Numbering System**

Courses in this catalog are identified by prefixes and numbers unique to Modern Sex Therapy Institutes. The main purpose of this system is to identify each unique course, and to facilitate the transfer of courses. The course number and the course prefix (a three-letter designator for a specific program) specify a course level and program, e.g., CSX=Clinical Sexology; 6000-level=Core Education Content; 7000-level= Advanced Knowledge and Skills Development; 8000-level=Dissertation Work. The fourth digit represents the course number in each section, indicated by the third digit and identified by each three-digit section number.

### **Holiday Dates**

All national holidays in the United States are recognized and no classes will be held on those days. All religious holidays are respected, regardless of the religion. Should a student have a conflict between a non-national holiday (religious or national holiday from native country) and class or campus schedule, contact the administration or appropriate faculty member for assistance with scheduling.

Holidays observed: New Year's Day, Good Friday, Easter Sunday, Passover, Memorial Day Holiday, Independence Day, Labor Day, Columbus Day, Veterans Day, Thanksgiving Day, and Christmas.

### **Educational Program and Curriculum**

**DOCTOR OF PHILOSOPHY IN CLINICAL SEXOLOGY:** This program offers a unique interdisciplinary opportunity in the field of human sexuality and clinical therapy. The program components include 40 credit hours of core coursework, 20 credit hours of dissertation work (10 credit hours of dissertation research and 10 credit hours of dissertation defense), 50 clock hours of clinical supervision, and a comprehensive exam. The curriculum is designed to prepare students to be the next generation of sexology professionals with critical, in-depth content knowledge in human sexuality, research and analysis skills, social and relational dynamics, and clinical expertise. Drawing on gender studies, critical theory, sex therapy, public health, education, sexology, social construction, queer theory, anthropology, and public policy, students will be uniquely qualified to address a wide range of topics from a holistic and integrated clinical perspective.

## CLINICAL SEXOLOGY – DOCTOR OF PHILOSOPHY

### On-Campus Program Course of Studies\*

Semester	Course Number	Section/Course Title	Semester Hours
<b>1</b>	CSX 6001	Sexual and Reproductive Anatomy and Physiology	3
	CSX 6002	Developmental Sexuality	3
	CSX 6003	Diagnosis and Treatment of Sexual Dysfunction	3
	CSX 6004	Counseling Theory and Psychotherapy Skills	3
<b>2</b>	CSX 6005	Socio-Cultural Factors in Sexual Values and Behavior	3
	CSX 6006	Gender, Sexual Orientation & Identity	3
	CSX 6007	Interaction between sexuality and dynamics of interpersonal and family relationships	3
	CSX 6008	Medical factors related to sexuality and sexual functioning	3
<b>3</b>	CSX 6009	Professional Skills	3
	CSX 6010	Sexual Abuse Treatment	3
	CSX 6011	Legal, Ethical, Research and Forensic Issues in Sex Therapy	3
	CX 6012	Research on Sexual Dysfunctions and Disorders	3
<b>4</b>	CSX 7001	Clinical Case Supervision (50 clock hours)	4
<b>5</b>	CSX 8001	Dissertation Proposal and Research	10
<b>6</b>	CSX 8002	Dissertation Research and Defense	10
<b>Unit of Credit</b>			Total
			60
<b>Award</b>		Doctor of Philosophy	

**Note:** Course numbers 6001-6012 must be completed in order to move on to course numbers 7001-8002.

### Online Program Course of Studies\*

Semester	Course Number	Section/Course Title	Semester Hours
<b>1</b>	CSX 6001	Sexual and Reproductive Anatomy and Physiology	3
	CSX 6002	Developmental Sexuality	3
	CSX 6003	Diagnosis and Treatment of Sexual Dysfunction	3
	CSX 6004	Counseling Theory and Psychotherapy Skills	3
	CSX 6005	Socio-Cultural Factors in Sexual Values and Behavior	3

<b>2</b>	CSX 6006	Gender, Sexual Orientation & Identity	3
	CSX 6007	Interaction between sexuality and dynamics of interpersonal and family relationships	3
	CSX 6008	Medical factors related to sexuality and sexual functioning	3
<b>3</b>	CSX 6009	Professional Skills	3
	CSX 6010	Sexual Abuse Treatment	3
	CSX 6011	Legal, Ethical, Research and Forensic Issues in Sex Therapy	3
	CX 6012	Research on Sexual Dysfunctions and Disorders	3
<b>4</b>	CSX 7001	Clinical Case Supervision (50 clock hours)	4
<b>5</b>	CSX 8001	Dissertation Proposal and Research	10
<b>6</b>	CSX 8002	Dissertation Research and Defense	10
<b>Unit of Credit</b>			Total
			60
<b>Award</b>		Doctor of Philosophy	

**Note:** Course numbers 6001-6012 must be completed in order to move on to course numbers 7001-8002.

## **Course Descriptions- On-campus**

### **CSX 6001 – Sexual and Reproductive Anatomy and Physiology**

This course will teach students about human sexual and reproductive anatomy and physiology. Students will learn about male and female reproductive processes including the role of hormones. The course will also review different models of sexual response, menstruation, conception, and menopause.

There are no prerequisites for this course; Co-requisites CSX 102, 103, 104

### **CSX 6002 – Developmental Sexuality**

This course will cover sexual issues and development across the developmental continuum. The course will examine the basic physical, psychological, cognitive, and social changes that help define sexual development during different stages of the life span, while paying particular attention to adolescent years and late adulthood. Along with the developmental contexts in which such changes occur, this course will also explore and highlight both normal and deviant sexual development and function, while incorporating appropriate clinical interventions from a systemic and interdisciplinary perspective used to treat various issues surrounding sexual development and maturation. Students will develop a practical understanding of sexuality in infancy, childhood, and adolescence, adult sexuality and relationships.

This course includes the following topics: Sexual Development and Developmental Sexuality, Developmental Sexuality Across the Lifespan, Psychophysiology of Sexual Response, Sexual Functioning and Sexual Behavior, Seniors, Sex and Intimacy.

There are no prerequisites for this course; Co-requisites CSX 101, 103, 104

### **CSX 6003 – Diagnosis and Treatment of Sexual Dysfunction**

This course will focus on the traditional male and female sexual dysfunctions as well as less well known conditions such as persistent genital arousal disorder and sexual compulsivity/out of control sexual behavior. The prevalence and etiologies of these conditions will be reviewed. Students will learn how to utilize a biopsychosocial model to teach the relationship between psychological, biological, interpersonal and contextual issues relevant to complaints of sexual dysfunction. Students will learn the influence of predisposing, precipitating, maintaining and contextual factors on the development and maintenance of sexual problems.

Individual and conjoint treatment of sexual dysfunction seeks to lessen the impact of these variables on the individual and partner's sexual lives. This presentation will review various psychological approaches to the treatment of desire, arousal, orgasm and pain disorders. Clinical vignettes will highlight treatment interventions and strategies.

This course will mostly focus on the psychological treatment of sexual desire, arousal, orgasm and pain disorders, but it is important to understand these problems as complex biopsychosocial phenomenon. Too often these problems are simplified by trying to categorize them as either psychological or physical rather than as a complex amalgam of both. By identifying all the psychological and organic factors, more effective treatment interventions can be tailored to each woman or couple.

This course includes the following topics: Overview of Sex Therapy and Diagnosis of Sexual Dysfunction and Disorders, Diagnosis and Treatment of Female Sexual Dysfunction , Diagnosis and Treatment of Male Sexual Dysfunction , Pleasure Enhancement Skills, Somatic Sex Therapy: Using Psychophysiology to Create New Opportunities for Pleasure, Communication and Connection, Sex Therapy: Existential/Humanistic Approaches, Sexual Health in Recovery: An Ally for Reducing Relapse Risk and Improving Client Retention in Addiction Treatment.

There are no prerequisites for this course; Co-requisites CSX 101, 102, 104

### **CSX 6004 – Counseling Theory and Psychotherapy Skills**

This course will provide in depth understanding of the biopsychosocial model of assessment as it relates to sexuality including sexual function. Students will learn how to take a comprehensive sexual history and understand all factors contributing to a client's sexuality and functioning. Various models of sexual arousal and response will be taught. This course will also present a broad overview of the various theoretical approaches and treatment methods commonly



employed when doing sex-related psychotherapy. Students will learn various theoretical orientations and how they can be applied to sex therapy cases.

This course includes the following topics: Taking A Sexual History, Theory and Methods of Sex-Related Psychotherapy, Learning Theory and its Application, Mental Illness and Sexuality, PTSD and Sexuality, Treating Out of Control Sexual Behavior: Rethinking Sex Addiction.

There are no prerequisites for this course; Co-requisites CSX 101, 102, 103

### **CSX 6005 – Socio-Cultural Factors in Sexual Values and Behavior**

This course explores how sociocultural factors impact human sexual values and behavior. It focuses on various sexological models that incorporate sociocultural values, sociocultural depictions of diverse sexual identities, various cultural practices, and how the media and internet influence sexual attitudes and behavior.

This course includes the following topics: Socio-cultural Factors in Sexual Values and Behavior, Sexuality Issues in Substance Abuse, Addiction, Treatment and Recovery, Rethinking Sex Addiction – A Sexual Health Approach to Psychotherapy, Cyber Sexuality and Social Media, Integrating Love, Sex and Porn, Addressing Sexual Health Problems from a Values-Based Model, Using Evidence Based Techniques to Support People Struggling with Sex and Porn, What's Next for Sex? How the Latest Innovations in Sex Tech are Changing the Way We Mate, Relate and Masturbate, When Porn is an Issue: Couples in Conflict, & People Who Watch Too Much

Prerequisites for this course: CSX 101-104; Co-requisites CSX 106, 107, 108

### **CSX 6006 – Gender, Sexual Orientation & Identity**

This course provides clinicians with the knowledge and skills necessary to assist a wide array of patients and clients. This is accomplished through developing a clear and distinct differentiation between gender and sexual orientation, a practical understanding of the complexities of gender and orientation that includes social and cultural influences on both, and the ways in which clients' chosen identities may or may not create challenges within their daily lives. The course provides practical tools for assessing issues related to gender and orientation, for working sensitively with clients across gender spectrums and from varied orientations and for effective work when the identified issue relates to the client's sexual identity.

This course includes the following topics: Gender, Orientation, and Identity Issues, Queer Affirmative Therapy In The 21st Century: Changing Paradigms And Treatment Approaches For Sex And Gender Variant Clients, Working with BDSM, Kink, Paraphilias, and Fetishes in a Clinical Setting, Paraphilias , Diversities in Sexual Expression & Lifestyle.

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 107, 108

### **CSX 6007 – Interaction between sexuality and dynamics of interpersonal and family relationships**

This course will examine the bidirectional dynamics between the sexual dysfunctions and the interpersonal relationship. It is important to recognize the reciprocal role that one partner's dysfunction can have on the other. We call this the sexual equilibrium where a change in one partner's sexual function leads to a change in the other partner's sexual function. For instance, women with genito- pelvic pain/penetration disorders often have male partners with rapid ejaculation. Similarly, men with rapid ejaculation may have female partners with orgasmic problems.

This course includes the following topics: Interaction Between Sexuality and Dynamics of Interpersonal and Couples Relationships, Integrating Couples Counseling and Sex Therapy, Working with Relationships in Transition,

Using Imago Relationship Therapy to Help Couples Erotically Differentiate, More Tech, More Talking: How Evolving Sex Tech Impacts Fidelity Agreements

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 106, 108

### **CSX 6008 – Medical Factors Related to Sexuality and Sexual Functioning**

This course will focus on the medical factors that can impact sexuality and sexual functioning. Illness and medication can result in sexual dysfunctions that reduce the quality of life for the patient and partner. The biopsychosocial models offers us a mechanism to integrate all the salient issues relevant to sexual dysfunction. By being able to understand the contributions from all the biological, psychological, interpersonal and contextual areas clinicians can better diagnose and treat sexual dysfunction. Students will learn how medical illnesses, surgeries, and medication can impact sexuality and emotions. In addition, treatment interventions and alternatives for medical illness and side effects will be taught.

This course includes the following topics: Medical Factors Related to Sexuality and Sexual Functioning, Sexual Pharmacology, Reclaiming Sexuality for Couples with Chronic Illness, Cancer and Sexuality, Clinical and Counseling Issues with Sexually Transmitted Infections (STIs).

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 106, 107

### **CSX 6009 – Professional Skills**

This course will teach students about consultation and collaboration between sex therapists and medical and mental health professionals across multiple disciplines. Students will learn an “Integrated Practice Model” which offers both a critical look at the traditionally lacking areas of integration (e.g., marriage & family therapy, obstetrics, gynecology, urology, etc.), as well as

ideas for sex therapists to seek greater collaboration. Professional communication skills including emotional intelligence, conflict resolution and mediation skills, team-working in groups, decision-making and problem-solving, negotiation and persuasion skills will be taught.

This course includes the following topics: Supervision, Consultation, Collaboration and Referral in Sex Therapy and Sexuality Counseling, Professional Communication and Personal Reflection Skills, What To Do When the Patient Walks in the Door

Prerequisites for this course: CSX 101-108; Co-requisites CSX 110, 111, 112

### **CSX 6010 – Sexual Abuse Treatment**

This course will focus on sexual trauma, exploring what trauma is, the impact on individuals and families, and the recovery/treatment process, focusing on the transition from victim to survivor to thriver. This course will teach students how to assess for sexual trauma when working with children, adolescents and adults. Additionally, students will receive an overview of empirically-supported trauma treatment models and will learn to work compassionately and effectively with trauma survivors throughout the recovery/treatment process. This course will also address the unique need for clinician self-care when working with the distinctive challenges posed by a trauma population. Students will learn how to diagnosis PTSD, and different types of trauma treatment.

This course includes the following topics: Examining Child Sexuality: Normative Development, Problematic Behaviors, and Assessment of Child Abuse, Sexual Abuse Treatment, Diagnosis and Risk Assessment of Sexual Offending Behavior, Treatment of Sexual Offending Behavior

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 111, 112

### **CSX 6011 – Legal, Ethical, Research & Forensic Issues in Sex Therapy**

This course will take students beyond the typical admonitions of “bad behavior” and focus on the ethical nuances that clinicians face when dealing with the complex realities of actual clinical practice. Topics to addressed will include: ethical decision making, dealing with the ethical and legal dilemmas inherent in the increased medicalization of sex therapy, the ethical perils and pitfalls in diagnosing sexual disorders, the vagaries of managing sexual feelings in psychotherapy, and the challenges of practicing ethically in a healthcare environment that constantly assaults and tests the integrity of sex therapists and other healthcare professionals. This course will review the Code of Ethics of several organizations including APA and AASECT. The course will also focus on forensic assessment and testifying in court.

This course includes the following topics: Ethics and Sex Therapy: A Neglected Dimension, The History of Sex Research, Theory, and Therapy, Research on Sexual Dysfunctions, Disorders and

Deviancy, Intersection of Religion and Sexuality, Diversities in Sexual Expression and Lifestyles.

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 110, 112

### **CSX 6012 – Research on Sexual Dysfunctions, and Disorders**

This course reviews various research methods and how and when they are used. Students will learn about the history of sex research and major sex researchers that have contributed to the field of sex therapy. Students will also learn about how to conduct sex research and will become familiar with clinical research and the process. In addition, students will learn about literature searches and reviews.

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 110, 111

### **CSX 7001 – Clinical Case Supervision**

Prerequisites: CSX 6001-6012

Description: Clinical case supervision sessions will offer at least 15 hours per semester (students will complete the program with 50 hours in total), and will involve students reviewing cases related to sex therapy and discussing various modalities of treatment. Participants will be required to present at a sex therapy case during each session to allow for feedback from supervisors and the group. Issues of transference and countertransference will be addressed, as light will be shed upon the relationship that exists between clients and their therapist. Consideration will be given to assumptions about race, gender, sexual orientation, ability and other sociocultural constructs that enable or obstruct the therapeutic process. Finally, ethical issues will be addressed throughout all supervision sessions.

Students will engage in a minimum of 25 hours of individual and 25 hours of group supervision.

### **CSX 8001 – Dissertation Proposal and Research**

Prerequisites: CSX 6001-6012, 7001

Description: This course examines the essential ingredients in successful proposal writing for academic and professional field research. The student will formulate and develop a research proposal and defend it through peer review. A major portion of the course is devoted to research methods used in religion, health, anthropology, sociology, political science, history, and, of course, sexology. For each of these disciplines the student will assess how scholars and practitioners use various methods to gather, process, and evaluate research data. The course considers both scientific and nonscientific forms of inquiry and evaluates the importance of research ethics.

### **CSX 8002 – Dissertation Research and Defense**

Description: (CSX 8001 is prerequisite to this course). In this course for the dissertation draft and edit the student will gain a richer understanding of sustainable development by drawing together theoretical insights and empirical evidence. The course will enable the student to assess the progress being made in integrating economic, social and environmental concerns. It will develop the student's capacity to analyze complex issues, and ability to engage in independent research. The student will practice research skills and techniques. Above all the student will hone the ability to integrate a variety of information sources. The design, drafting and editing of a sizeable piece of writing directed at a question of contemporary relevance will be a significant achievement. The dissertation course will build capacity to contribute to positive change. To ensure that the student has appropriate support for study, the student will design their own research proposal in the Dissertation Proposal Course. The dissertation is demanding. The student will have guidance on research methods and skills, and an introduction to some key texts on the theory and practice of sustainable development. The student will also have materials on social science research methods and conducting academic research.

### **Course Descriptions- Online**

#### **CSX 6001 – Sexual and Reproductive Anatomy and Physiology**

This course will teach students about human sexual and reproductive anatomy and physiology. Students will learn about male and female reproductive processes including the role of hormones. The course will also review different models of sexual response, menstruation, conception, and menopause.

There are no prerequisites for this course; Co-requisites CSX 102, 103, 104

#### **CSX 6002 – Developmental Sexuality**

This course will cover sexual issues and development across the developmental continuum. The course will examine the basic physical, psychological, cognitive, and social changes that help define sexual development during different stages of the life span, while paying particular attention to adolescent years and late adulthood. Along with the developmental contexts in which such changes occur, this course will also explore and highlight both normal and deviant sexual development and function, while incorporating appropriate clinical interventions from a systemic and interdisciplinary perspective used to treat various issues surrounding sexual development and maturation. Students will develop a practical understanding of sexuality in infancy, childhood, and adolescence, adult sexuality and relationships.

This course includes the following topics: Sexual Development and Developmental Sexuality, Developmental Sexuality Across the Lifespan, Psychophysiology of Sexual Response, Sexual Functioning and Sexual Behavior, Seniors, Sex and Intimacy.

There are no prerequisites for this course; Co-requisites CSX 101, 103, 104

### **CSX 6003 – Diagnosis and Treatment of Sexual Dysfunction**

This course will focus on the traditional male and female sexual dysfunctions as well as less well known conditions such as persistent genital arousal disorder and sexual compulsivity/out of control sexual behavior. The prevalence and etiologies of these conditions will be reviewed. Students will learn how to utilize a biopsychosocial model to teach the relationship between psychological, biological, interpersonal and contextual issues relevant to complaints of sexual dysfunction. Students will learn the influence of predisposing, precipitating, maintaining and contextual factors on the development and maintenance of sexual problems.

Individual and conjoint treatment of sexual dysfunction seeks to lessen the impact of these variables on the individual and partner's sexual lives. This presentation will review various psychological approaches to the treatment of desire, arousal, orgasm and pain disorders. Clinical vignettes will highlight treatment interventions and strategies.

This course will mostly focus on the psychological treatment of sexual desire, arousal, orgasm and pain disorders, but it is important to understand these problems as complex biopsychosocial phenomenon. Too often these problems are simplified by trying to categorize them as either psychological or physical rather than as a complex amalgam of both. By identifying all the psychological and organic factors, more effective treatment interventions can be tailored to each woman or couple.

This course includes the following topics: Overview of Sex Therapy and Diagnosis of Sexual Dysfunction and Disorders, Diagnosis and Treatment of Female Sexual Dysfunction , Diagnosis and Treatment of Male Sexual Dysfunction , Pleasure Enhancement Skills, Somatic Sex Therapy: Using Psychophysiology to Create New Opportunities for Pleasure, Communication and Connection, Sex Therapy: Existential/Humanistic Approaches, Sexual Health in Recovery: An Ally for Reducing Relapse Risk and Improving Client Retention in Addiction Treatment.

There are no prerequisites for this course; Co-requisites CSX 101, 102, 104

### **CSX 6004 – Counseling Theory and Psychotherapy Skills**

This course will provide in depth understanding of the biopsychosocial model of assessment as it relates to sexuality including sexual function. Students will learn how to take a comprehensive sexual history and understand all factors contributing to a client's sexuality and functioning. Various models of sexual arousal and response will be taught. This course will also present a broad overview of the various theoretical approaches and treatment methods commonly

employed when doing sex-related psychotherapy. Students will learn various theoretical orientations and how they can be applied to sex therapy cases.

This course includes the following topics: Taking A Sexual History, Theory and Methods of Sex-Related Psychotherapy, Learning Theory and its Application, Mental Illness and Sexuality, PTSD and Sexuality, Treating Out of Control Sexual Behavior: Rethinking Sex Addiction.

There are no prerequisites for this course; Co-requisites CSX 101, 102, 103

### **CSX 6005 – Socio-Cultural Factors in Sexual Values and Behavior**

This course explores how sociocultural factors impact human sexual values and behavior. It focuses on various sexological models that incorporate sociocultural values, sociocultural depictions of diverse sexual identities, various cultural practices, and how the media and internet influence sexual attitudes and behavior.

This course includes the following topics: Socio-cultural Factors in Sexual Values and Behavior, Sexuality Issues in Substance Abuse, Addiction, Treatment and Recovery, Rethinking Sex Addiction – A Sexual Health Approach to Psychotherapy, Cyber Sexuality and Social Media, Integrating Love, Sex and Porn, Addressing Sexual Health Problems from a Values-Based Model, Using Evidence Based Techniques to Support People Struggling with Sex and Porn, What's Next for Sex? How the Latest Innovations in Sex Tech are Changing the Way We Mate, Relate and Masturbate, When Porn is an Issue: Couples in Conflict, & People Who Watch Too Much

Prerequisites for this course: CSX 101-104; Co-requisites CSX 106, 107, 108

### **CSX 6006 – Gender, Sexual Orientation & Identity**

This course provides clinicians with the knowledge and skills necessary to assist a wide array of patients and clients. This is accomplished through developing a clear and distinct differentiation between gender and sexual orientation, a practical understanding of the complexities of gender and orientation that includes social and cultural influences on both, and the ways in which clients' chosen identities may or may not create challenges within their daily lives. The course provides practical tools for assessing issues related to gender and orientation, for working sensitively with clients across gender spectrums and from varied orientations and for effective work when the identified issue relates to the client's sexual identity.

This course includes the following topics: Gender, Orientation, and Identity Issues, Queer Affirmative Therapy In The 21st Century: Changing Paradigms And Treatment Approaches For Sex And Gender Variant Clients, Working with BDSM, Kink, Paraphilias, and Fetishes in a Clinical Setting, Paraphilias , Diversities in Sexual Expression & Lifestyle.

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 107, 108

### **CSX 6007 – Interaction between sexuality and dynamics of interpersonal and family relationships**

This course will examine the bidirectional dynamics between the sexual dysfunctions and the interpersonal relationship. It is important to recognize the reciprocal role that one partner's dysfunction can have on the other. We call this the sexual equilibrium where a change in one partner's sexual function leads to a change in the other partner's sexual function. For instance, women with genito- pelvic pain/penetration disorders often have male partners with rapid ejaculation. Similarly, men with rapid ejaculation may have female partners with orgasmic problems.

This course includes the following topics: Interaction Between Sexuality and Dynamics of Interpersonal and Couples Relationships, Integrating Couples Counseling and Sex Therapy, Working with Relationships in Transition,

Using Imago Relationship Therapy to Help Couples Erotically Differentiate, More Tech, More Talking: How Evolving Sex Tech Impacts Fidelity Agreements

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 106, 108

### **CSX 6008 – Medical Factors Related to Sexuality and Sexual Functioning**

This course will focus on the medical factors that can impact sexuality and sexual functioning. Illness and medication can result in sexual dysfunctions that reduce the quality of life for the patient and partner. The biopsychosocial models offers us a mechanism to integrate all the salient issues relevant to sexual dysfunction. By being able to understand the contributions from all the biological, psychological, interpersonal and contextual areas clinicians can better diagnose and treat sexual dysfunction. Students will learn how medical illnesses, surgeries, and medication can impact sexuality and emotions. In addition, treatment interventions and alternatives for medical illness and side effects will be taught.

This course includes the following topics: Medical Factors Related to Sexuality and Sexual Functioning, Sexual Pharmacology, Reclaiming Sexuality for Couples with Chronic Illness, Cancer and Sexuality, Clinical and Counseling Issues with Sexually Transmitted Infections (STIs).

Prerequisites for this course: CSX 101-104; Co-requisites CSX 105, 106, 107

### **CSX 6009 – Professional Skills**

This course will teach students about consultation and collaboration between sex therapists and medical and mental health professionals across multiple disciplines. Students will learn an “Integrated Practice Model” which offers both a critical look at the traditionally lacking areas of integration (e.g., marriage & family therapy, obstetrics, gynecology, urology, etc.), as well as



ideas for sex therapists to seek greater collaboration. Professional communication skills including emotional intelligence, conflict resolution and mediation skills, team-working in groups, decision-making and problem-solving, negotiation and persuasion skills will be taught.

This course includes the following topics: Supervision, Consultation, Collaboration and Referral in Sex Therapy and Sexuality Counseling, Professional Communication and Personal Reflection Skills, What To Do When the Patient Walks in the Door

Prerequisites for this course: CSX 101-108; Co-requisites CSX 110, 111, 112

### **CSX 6010 – Sexual Abuse Treatment**

This course will focus on sexual trauma, exploring what trauma is, the impact on individuals and families, and the recovery/treatment process, focusing on the transition from victim to survivor to thriver. This course will teach students how to assess for sexual trauma when working with children, adolescents and adults. Additionally, students will receive an overview of empirically-supported trauma treatment models and will learn to work compassionately and effectively with trauma survivors throughout the recovery/treatment process. This course will also address the unique need for clinician self-care when working with the distinctive challenges posed by a trauma population. Students will learn how to diagnosis PTSD, and different types of trauma treatment.

This course includes the following topics: Examining Child Sexuality: Normative Development, Problematic Behaviors, and Assessment of Child Abuse, Sexual Abuse Treatment, Diagnosis and Risk Assessment of Sexual Offending Behavior, Treatment of Sexual Offending Behavior

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 111, 112

### **CSX 6011 – Legal, Ethical, Research & Forensic Issues in Sex Therapy**

This course will take students beyond the typical admonitions of “bad behavior” and focus on the ethical nuances that clinicians face when dealing with the complex realities of actual clinical practice. Topics to addressed will include: ethical decision making, dealing with the ethical and legal dilemmas inherent in the increased medicalization of sex therapy, the ethical perils and pitfalls in diagnosing sexual disorders, the vagaries of managing sexual feelings in psychotherapy, and the challenges of practicing ethically in a healthcare environment that constantly assaults and tests the integrity of sex therapists and other healthcare professionals. This course will review the Code of Ethics of several organizations including APA and AASECT. The course will also focus on forensic assessment and testifying in court.

This course includes the following topics: Ethics and Sex Therapy: A Neglected Dimension, The History of Sex Research, Theory, and Therapy, Research on Sexual Dysfunctions, Disorders and Deviancy, Intersection of Religion and Sexuality, Diversities in Sexual Expression and Lifestyles.

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 110, 112

### **CSX 6012 – Research on Sexual Dysfunctions, and Disorders**

This course reviews various research methods and how and when they are used. Students will learn about the history of sex research and major sex researchers that have contributed to the field of sex therapy. Students will also learn about how to conduct sex research and will become familiar with clinical research and the process. In addition, students will learn about literature searches and reviews.

Prerequisites for this course: CSX 101-108; Co-requisites CSX 109, 110, 111

### **CSX 7001 – Clinical Case Supervision**

Prerequisites: CSX 6001-6012

Description: Clinical case supervision sessions will offer at least 15 hours per semester (students will complete the program with 50 hours in total), and will involve students reviewing cases related to sex therapy and discussing various modalities of treatment. Participants will be required to present at a sex therapy case during each session to allow for feedback from supervisors and the group. Issues of transference and countertransference will be addressed, as light will be shed upon the relationship that exists between clients and their therapist. Consideration will be given to assumptions about race, gender, sexual orientation, ability and other sociocultural constructs that enable or obstruct the therapeutic process. Finally, ethical issues will be addressed throughout all supervision sessions.

Students will engage in a minimum of 25 hours of individual and 25 hours of group supervision.

### **CSX 8001 – Dissertation Proposal and Research**

Prerequisites: CSX 6001-6012, 7001

Description: This course examines the essential ingredients in successful proposal writing for academic and professional field research. The student will formulate and develop a research proposal and defend it through peer review. A major portion of the course is devoted to research methods used in religion, health, anthropology, sociology, political science, history, and, of course, sexology. For each of these disciplines the student will assess how scholars and practitioners use various methods to gather, process, and evaluate research data. The course considers both scientific and nonscientific forms of inquiry and evaluates the importance of research ethics.

### **CSX 8002 – Dissertation Research and Defense**

Description: (CSX 8001 is prerequisite to this course). In this course for the dissertation draft and edit the student will gain a richer understanding of sustainable development by drawing together

theoretical insights and empirical evidence. The course will enable the student to assess the progress being made in integrating economic, social and environmental concerns. It will develop the student's capacity to analyze complex issues, and ability to engage in independent research. The student will practice research skills and techniques. Above all the student will hone the ability to integrate a variety of information sources. The design, drafting and editing of a sizeable piece of writing directed at a question of contemporary relevance will be a significant achievement. The dissertation course will build capacity to contribute to positive change. To ensure that the student has appropriate support for study, the student will design their own research proposal in the Dissertation Proposal Course. The dissertation is demanding. The student will have guidance on research methods and skills, and an introduction to some key texts on the theory and practice of sustainable development. The student will also have materials on social science research methods and conducting academic research.

## **Full-Time Administrators**

### **Rachel Needle, Psy.D, CST, CSTS Director**

Dr. Needle received her M.S. and Psy.D. in clinical psychology from Nova Southeastern University in Fort Lauderdale, Florida. She received her B.A. in psychology from Barnard College, Columbia University. Dr. Needle completed an internship in clinical psychology at University of Medicine and Dentistry of New Jersey, Robert Wood Medical School in Piscataway, New Jersey.

Dr. Needle is a Licensed Psychologist and Certified Sex Therapist in private practice and the Founder and Executive Director at the Whole Health Psychological Center ([www.wholehealthpsych.com](http://www.wholehealthpsych.com)) a comprehensive psychological practice with therapists with a broad range of specialty areas. She is the founder and CEO of the Advanced Mental Health Training Institute, which provides continuing education to Florida mental health professionals, as well as Psychologists and mental health professionals around the world. Dr. Needle is the Co-Founder of Modern Sex Therapy Institutes which provides continuing education and certifications to mental health professionals in the area of sex and sexuality. She has an ongoing blog and personal website ([www.drrachel.com](http://www.drrachel.com)).

Dr. Needle is an Adjunct Professor of Psychology in the Department of Behavioral Sciences, in the Masters in Forensic Psychology, and in the Doctorate in Criminal Justice programs at Nova Southeastern University in Fort Lauderdale, Florida.

### **Richard M. Siegel, Ph.D., LMHC, CST, CSTS Director**

Dr. Siegel is the Co-Director of the Modern Sex Therapy Institutes, a postgraduate continuing education institute training sex therapists and sexual medicine specialists at multiple sites throughout the country. Dr. Siegel is a Florida-licensed mental health counselor and Board-certified sex therapist and is certified by the American Association of Sexuality Educators, Counselors and Therapists (AASECT) as a sex therapist and supervisor. He has a rich experiential background, including over 20 years working in sexuality education and addiction treatment, teaching on college campuses, and maintaining a private sex therapy practice. He enjoys a reputation as a seasoned and in-demand workshop and conference presenter, in addition to his work in training and supervising sex therapists and sexuality counselors.

Dr. Siegel completed his Doctoral dissertation at the American Academy of Clinical Sexologists in Orlando, FL, with a research focus on the integration of healthy sexuality and addiction treatment, and his Masters degree in Mental Health Counseling from the College of Psychological Studies at Nova Southeastern University in Ft. Lauderdale, FL. He earned his B.S. degree in Pharmacology & Toxicology at the Philadelphia College of Pharmacy & Science (now the University of the Sciences in Philadelphia). He has worked

enthusiastically to integrate traditional sex therapy into the emergent specialty of sexual medicine, as well as the addiction treatment field.

**Holly Richmond, Ph.D., CST, MFT, Associate Director**

Dr. Holly Richmond is a Somatic Psychologist, Certified Sex Therapist (CST), and Marriage & Family Therapist (MFT). A trusted authority on sexual health issues with a significant media following, she has appeared on national talk shows and is regularly quoted in publications and media outlets including The New York Times, CNN, Newsweek, Forbes, NBC, In Style, Men's Health, Cosmopolitan and Health.

Dr. Richmond's treatment specialties including sexual dysfunction, compulsive sexuality, desire discrepancies in couples, recovery from sexual assault and abuse, and the healthy integration of non-traditional sexual expression for individuals and couples. Dr. Richmond is also the Associate Director of Modern Sex Therapy Institutes.

**Kristina Guzman, Administrative Assistant, B.S.**

Kristina Guzman received her Bachelor of Science in Healthcare Administration from the University of Central Florida in Orlando, Florida. She is the Administrative Assistant for Modern Sex Therapy Institutes.

Kristina's unique interpersonal skills, along with her exceptional organizational skills make her a crucial asset to the school. She goes above and beyond to ensure everyone's needs are met and allows individuals have the access to information they need when they may require it.

## Faculty

Name	Degree & School
Blaise Amendolace	Psy.D. from Florida Institute of Technology
Don Dyson	Ph.D. from University of Pennsylvania MSS from Bryn Mawr Graduate School of Social Work and Social Research
Marty Klein	Institute for the Advanced Studies of Human Sexuality, Ph.D. in Human Sexuality Indiana University, M.A.
Logan Levkoff	University of Pennsylvania, Philadelphia, PA Master of Science Degree, Human Sexuality Education New York University, New York, NY Doctor of Philosophy, Department of Health
Rachel Needle	Psy.D. from Nova Southeastern University
Margie Nichols	Columbia University, Clinical Psychology, Ph.D.
Holly Richmond	M.A. from Antioch University Santa Barbara Ph.D. Chicago School of Professional Psychology
Brent Satterly	Ph.D. from University of Pennsylvania MSS from Bryn Mawr Graduate School of Social Work and Social Research
Stacey Seibel	Ph.D., Nova Southeastern University
Richard Siegel	Ph.D. in Clinical Sexology from AACCS MS in MHC from Nova Southeastern University
Lenore Walker	EdD in Psychology from Rutgers University MS CCNY MS in Psychopharmacology Nova Southeastern University
Daniel Watter	EdD in Psychology from New York University